



1. GENERAL

Athletes belonging to the club and wanting to regularly train and develop as competition orienteers may belong to the training groups.

Athletes over 16 years old and all individual top orienteers shall on an annual basis fill in the application form for the training groups. The coaching council decides on training group memberships.

2. OBLIGATIONS

2.1 General

Every athlete pays the annual membership fees to the club and orienteering division as well as the Finnish competition licence.

Members of the Jukola and Venla groups sign a training contract with the club. Members of the groups are obliged to participate in occasions organized by cooperation partners and in the end of the season celebration.

The athlete commits to sportsmanship behaviour and to follow the competition rules of orienteering.

2.2 Training activities

All athletes participate in arranging trainings and training camps in accordance with their possibilities.

An athlete shall have a training plan from categories H/D16 and onwards and shall keep a training diary as well as participate regularly in trainings and tests organized by the club.

In addition the athlete shall actively take part in training camps arranged by the club or Finnish orienteering associations, when selected for them.

2.3 Competitions

The members of the training groups shall have a competition plan, containing at least championships and relays important for the club. The athlete is responsible for making his/her entry on time in the club's IRMA portal. The athlete shall participate, whenever selected for the club's relay team. The persons responsible for entries and selection of relay teams should be informed about possible holdbacks well in advance.

Group members shall also take part as organizers in competitions or projects organized by the club.

Group members shall wear the club's competition dress with its advertisements, when representing the club at competitions.

3. BENEFITS

The club may support individual top orienteers financially to reimburse costs related to material, training camps and competitions.

3.1 Jukola and Venla Groups

The club will compensate following costs:

Training Camps: Weekend camps in Sipoo fully. On a case by case basis: the club's own training camps in Finland, training camps abroad and those organized by Finnish orienteering associations. As a general principle, the club pays 2/3 of the costs.

Competitions: Entry fees to orienteering competitions in Finland. Entry fees for orienteering weeks have to be agreed upon separately.

Travelling: To Finnish, FSO and NÅID Championships, qualification races and comparable competitions in Finland (mileage reimbursement according to SV's general principles).

Accommodation: At Finnish and FSO Championships, qualification races and comparable competitions in Finland. The club takes over max. 30 €/night. The athlete pays the rest.

Other: The club gives the competition dress.

3.2 Challengers

The club will compensate following costs:

Training Camps: Weekend camps in Sipoo fully. On a case by case basis: the club's own camps in Finland, camps abroad and those organized by Finnish orienteering associations. As a general principle, the club pays 1/3 of the costs.

Competitions: Entry fees to Finnish, FSO and NÅID Championships and qualification races.

Travelling: To Finnish and FSO Championships, and qualification races (mileage reimbursement according to SV's general principles).

Accommodation: At Finnish and FSO Championships, and qualification races. The club takes over max. 20 €/night. The athlete pays the rest.

3.3 Youth's Group

The club will compensate following costs:

Training Camps: Weekend camps in Sibbo fully. On a case by case basis: the club's own camps in Finland, camps abroad and those organized by Finnish orienteering associations. As a general principle, the club pays 1/3 of the costs.

Competitions: Entry fees to Finnish, FSO and NÅID Championships, qualification races and 50 €/season for national competitions.

Travelling: To Finnish and FSO Championships, and qualification races (mileage reimbursement according to SV's general principles).

Accommodation: At Finnish and FSO Championships, and qualification races. The club takes over max. 20 €/night. The athlete pays the rest.

3.4 Mountain Bike Orienteering Group (MTB-O)

For the MTB-O group we apply the rules of Jukola / Venla groups (individual MTB-O top athletes) and Challengers (others) respectively.

3.5 Coaches and Managers

The club reimburses travelling and accommodation costs related to the clubs' own camps and important competitions.

4. RELAYS

The club pays the entry fee, accommodation and travelling for the club's first team(s) to the following relays: Kevätyönviesti, 10MILA, FinnSpring, Jukola, Youth Jukola, Finnish & FSO Championships, 25-manna and Halikko relay. Other relays on a case by case basis. All team members will have the same benefits.